

OHIO SCALES FOR ADULTS FORM

SCALE SCORING

QUALITY OF LIFE

Scale Items

How do you feel about:

1. The amount of friendship in your life?
2. The amount of money you get?
3. How comfortable and well-off you are financially?
4. How much money you have to spend for fun?
5. The amount of meaningful activity in your life (such as work, school, volunteer activity, leisure activity)?
6. The amount of freedom you have?
 - 1 = Terrible
 - 2 = Mostly dissatisfied
 - 3 = Equally satisfied/dissatisfied
 - 4 = Mostly satisfied
 - 5 = Very pleased
7. The way you and your family act toward each other?
 - 1 = Terrible
 - 2 = Mostly dissatisfied
 - 3 = Equally satisfied/dissatisfied
 - 4 = Mostly satisfied
 - 5 = Very pleased
 - 8 = Does not apply [If this response is selected, the response is treated as missing.]
8. Your personal safety?
9. The neighborhood in which you live?
10. Your housing/living arrangements?
11. Your health in general?
12. The opportunity you have to spend with people you really like?
 - 1 = Terrible
 - 2 = Mostly dissatisfied
 - 3 = Equally satisfied/dissatisfied
 - 4 = Mostly satisfied
 - 5 = Very pleased

Computing the Scale Score

The scale score is equal to the mean of the non-missing responses. If 2 or more responses are missing, then the scale score is not valid and therefore not computed. (Remember, a response of "Does not apply" for Item 7 is treated as missing.)

HOUSING QUALITY OF LIFE

Scale Items

How do you feel about:

8. Your personal safety?
9. The neighborhood in which you live?
10. Your housing/living arrangements?
 - 1 = Terrible
 - 2 = Mostly dissatisfied
 - 3 = Equally satisfied/dissatisfied
 - 4 = Mostly satisfied

5 = Very pleased

Computing the Scale Score

The scale score is equal to the mean of the non-missing responses. If any responses are missing, then the scale score is not valid and therefore not computed.

FINANCIAL QUALITY OF LIFE

Scale Items

How do you feel about:

2. The amount of money you get?
3. How comfortable and well-off you are financially?
4. How much money you have to spend for fun?
 - 1 = Terrible
 - 2 = Mostly dissatisfied
 - 3 = Equally satisfied/dissatisfied
 - 4 = Mostly satisfied
 - 5 = Very pleased

Computing the Scale Score

The scale score is equal to the mean of the non-missing responses. If any responses are missing, then the scale score is not valid and therefore not computed.

EMPOWERMENT

Scale Items

29. People have more power if they join together as a group.
30. I am usually confident about the decisions I make.
31. I see myself as a capable person.
32. People working together can have an effect on their community.
33. I am often able to overcome barriers.
34. When I make plans, I am almost certain to make them work.
 - 4 = Strongly agree
 - 3 = Agree
 - 2 = Disagree
 - 1 = Strongly disagree

35. Usually I feel alone.
 - 1 = Strongly agree
 - 2 = Agree
 - 3 = Disagree
 - 4 = Strongly disagree

36. I am able to do things as well as most other people.
37. I generally accomplish what I set out to do.
 - 4 = Strongly agree
 - 3 = Agree
 - 2 = Disagree
 - 1 = Strongly disagree

38. I feel powerless most of the time.
39. When I am unsure about something, I usually go along with the rest of the group.
 - 1 = Strongly agree
 - 2 = Agree
 - 3 = Disagree
 - 4 = Strongly disagree

40. I feel I am a person of worth, at least on an equal basis with others.
41. People have the right to make their own decisions even if they are bad ones.
42. Very often a problem can be solved by taking action.
43. Working with others in my community can help to change things for the better.
 - 4 = Strongly agree
 - 3 = Agree
 - 2 = Disagree
 - 1 = Strongly disagree

Computing the Scale Score

The scale score is equal to the mean of the non-missing responses. If any responses are missing, then the scale score is not valid and therefore not computed.

SYMPTOM DISTRESS

Scale Items

During the past 7 days, about how much were you bothered by:

17. Feeling tense or keyed up?
18. Heavy feelings in arms or legs?
19. Feeling afraid to go out of your home alone?
20. Feeling of worthlessness?
21. Feeling lonely even when you are with people?
22. Feeling weak in parts of your body?
23. Feeling blue?
24. Feeling lonely?
25. Feeling no interest in things?
26. Feeling afraid in open spaces or on the streets?
 - 1 = Not at all
 - 2 = A little bit
 - 3 = Some
 - 4 = Quite a bit
 - 5 = Extremely

Computing the Scale Score

The scale score is equal to the sum of the non-missing responses. If any responses are missing, then the scale score is not valid and therefore not computed.

SOCIAL CONNECTEDNESS

Scale Items

How do you feel about:

1. The amount of friendship in your life?
5. The amount of meaningful activity in your life (such as work, school, volunteer activity, leisure activity)?
 - 1 = Terrible
 - 2 = Mostly dissatisfied
 - 3 = Equally satisfied/dissatisfied
 - 4 = Mostly satisfied
 - 5 = Very pleased
7. The way you and your family act toward each other?
 - 1 = Terrible
 - 2 = Mostly dissatisfied
 - 3 = Equally satisfied/dissatisfied
 - 4 = Mostly satisfied

5 = Very pleased

8 = Does not apply [If this response is selected, the response is treated as missing.]

12. The opportunity you have to spend with people you really like?

1 = Terrible

2 = Mostly dissatisfied

3 = Equally satisfied/dissatisfied

4 = Mostly satisfied

5 = Very pleased

Computing the Scale Score

The scale score is equal to the mean of the non-missing responses. If any responses are missing, then the scale score is not valid and therefore not computed. (Remember, a response of “Does not apply” for Item 7 is treated as missing.)