



ALCOHOL, DRUG AND MENTAL HEALTH BOARD
OF FRANKLIN COUNTY
MEETING MINUTES
May 29, 2018

MEMBERS PRESENT: Carole Anderson, Peggy Anderson, Trudy Bartley, Audrey Begun, Scott Doran, Karri Dosmann, Bipender Jindal, Mitzi Kirkbride, Mary Ann Krauss, Rory McGuinness, Damon Muldoon, Sharon McCloy-Reichard, Irma Phillips-Carmichael, Ann Seren, Terree Stevenson, Ron Walters, Nathan Wymer

MEMBERS ABSENT: None.

Rory McGuinness called the meeting to order at 5:35 p.m.

Ann Seren moved to approve the minutes of the following meetings:

- April Board Minutes.....April 24, 2018
- May Coordinating Committee Minutes.....May 14, 2018

Damon Muldoon seconded approval of minutes; MOTION CARRIED

A. Community Participation

None.

**REPORTS &
PRESENTATIONS:**

B. Presentation

Jennifer O’Leary, Assistant Clinical Director and CET Coordinator from Southeast, Inc. gave a presentation on Cognitive Enhancement Therapy (CET) which is an Evidence-Based Practice designed to help people with schizophrenia and related cognitive disorders to improve the brain and cognitive development, social cognition, and increase vocational capabilities.

Ms. O’Leary also expressed her deepest gratitude to the ADAMH Board of Franklin County for allowing them the opportunity to bring this rewarding and effective program to Southeast, Inc.

Tonya Lujan, Coach from Southeast, Inc. explained the reasoning behind a group exercise which is administered to clients in the program.

Stella Jones, graduate from the CET program, acknowledged the ADAMH Board of Franklin County for their support. Ms. Jones’ story served as a testament to the CET program.

Mr. McGuinness thanked Ms. Jones for inspiring everyone about the CET program and looked forward to reading her book, “Why You, Why Me, Why Anyone.”

David Royer asked Ms. O’Leary to explain Neuroplasticity.

Ms. O’Leary replied it’s the adult brain’s ability to form new pathways. The brain allows the nerve cells to compensate for injury and disease. This would allow the brain to adjust its activities in response to new situations or to changes in the environment. In the CET program this is accomplished by a lot of repetition, computer exercises, memory exercises, problem solving exercises, visual and facial skills and other executive functioning. These exercises are administered every week until they see results; then they move on to another exercise to target a different location of the brain. The results noted were in the Memory Function and the Executive Function. Ms. O’Leary stated based on her observation Neuroplasticity is real.

Irma Phillips-Carmichael asked how many people were originally involved in the program and how many people have been successful.

Ms. O’Leary replied we started with approximately 17 people and 9 have graduated since last year.

Kythryn Carr Hurd, Vice President of Clinical Services, ADAMH Board of Franklin County gave a presentation on the Maryhaven Addiction Stabilization Center. Representatives from Maryhaven, Shawn Holt, CEO and Andrew Moss, Director of the Maryhaven Addiction Stabilization Center, were also present to respond to any questions.

Scott Doran asked if there are any strategies in place that are effective in motivating a person to remain in residential after treatment.

Andrew Moss replied motivational interviewing as a general strategy is effective in assisting the client to agree to residential treatment.

Karri Dosmann asked about the follow-up process once a person is discharged.

Mr. Moss replied we have Peer Recovery supporters in place to follow-up with clients upon discharge. Some of our clients who didn’t complete their program went on to other programs within the ADAMH network or other programs outside of the network. We are in direct communication with them to provide feedback about how the client is doing.

Ms. Dosmann asked could they provide feedback concerning the success of the center and is it what they expected.

Mr. Holt replied the center is not full to capacity at this time which is not what they expected. They currently have treatment beds open but they would

like to see them full. Overall, they are pleased to know that people who are in need of treatment have access to care and he thanked Mr. Royer and the ADAMH team for their efforts.

Terree Stevenson asked about the clients who are homeless and what process is in place to assist them with housing.

Mr. Moss replied we are working with recovery residences to assist with housing prior to being discharged.

Audrey Begun asked was there something special or different about the group of 72 people with repeat visits.

Mr. Moss replied these people generally have fewer resources than most and primarily come from traumatic situations. They tend to engage in treatment less overall. Mr. Holt added a comment by saying they openly tell people they are here for them no matter how many times they have to come back.

Mary Ann Krauss asked if the referrals come from the Columbus Police Department, Emergency Medical Service (EMS) or other resources.

Mr. Holt replied 57% of our clients are walk-ins which wasn't the original plan but they wanted to make sure everyone received services that were in need. Another large percentage is being brought in by Mobile Responses Teams from Southeast, Inc. EMS which averages one to two referrals a day.

Mr. McGuiness asked if it is time to start looking at expanding the facility on the 4th floor.

Mr. Holt replied on occasion we have come very close to being full to capacity. We are looking at the cost to renovate the 4th floor for expansion which will include 50 beds. We have begun to take a strategic standpoint in looking at expanding the Maryhaven Addiction Stabilization Center.

Mr. Muldoon asked if we need to bring more exposure to Maryhaven Addiction Stabilization Center so everyone knows this option is available in the community.

Mr. Holt replied what has made this program successful is the great collaboration in the whole community. He mentioned he would like to convene to discuss what has been successful and what has not with the community partners to make a change where needed.

Trudy Bartley asked what the relationship with the hospital is when it involves making a referral for the patient in order to get treatment.

Ms. Carr Hurd replied the hospital will contact the clinician from Southeast, Inc. who is located in all the emergency departments throughout the hospitals. They can make a referral for a patient after an overdose. The hospital is not permitted to make a referral.

C. Financial Reports

Jonathan Wylly explained that the financial report begins on page 1 of BoardPaq. This report illustrates the *Levy and Special Revenue* for month ending April 30, 2018. As of the end of April the ADAMH Board is approximately 33% through the year. The *Taxes* indicates a variance of 55% due to two deposits annually. ADAMH received the first deposit in March. ADAMH has not received the second deposit due to a timing issue from the state but expect to receive it soon.

Mr. Wylly explained the *Service Providers Expenditures* is 27.8%. This figure will dictate which direction ADAMH will move towards with our investments. He explained our reallocation initiative. ADAMH held a webinar with providers to inform them of some recommendations concerning their allocations. This will ensure they are using their resources efficiently. You can expect to receive the 2019 provider allocation recommendations at the next board meeting in August. \$93 million is budgeted for service providers of that amount a portion of \$13 million is allocated for Prevention Services.

Mr. Wylly explained the new SHARES claiming system and the one of the new enhancements is the ability to collect prevention data. ADAMH biggest investments in prevention are Directions for Youth and Families, Inc.; Columbus Health Department; Concord Counseling Services; Syntero, Inc. and Community for New Directions, Inc. Mitzi Moody, Clinical Manager from ADAMH, explained the Problem ID and Referral Strategy and Nettie Ferguson, Community Prevention Manager at ADAMH explained the Education Strategy.

Ms. Krauss asked how many in the 16 districts are using this.

Ms. Ferguson replied every ADAMH-funded provider in the 16 districts is using this strategy.

Audrey Begun moved to approve the Financial & Audit Report; Karri Dosmann seconded; MOTION CARRIED.

D. Board Chair Report

Mr. McGuiness mentioned our next meeting after the summer recess will be the Coordinating Committee on August 13, 2018. Denise Meine-Graham from Franklin County LOSS will give an update at the August Board meeting.

CONSENT AGENDA:

Mr. McGuiness announced that the items on the *Consent Agenda* were previously reviewed by the Coordinating Committee. One has been moved below to the Action Agenda because of an amendment. He asked if there

were any questions or requests to remove the following items from the Consent Agenda: *Suicide Prevention Coalition, Netcare Peer Support and Mobile Crisis Response Team.*

Rory McGuinness will abstain from the Mobile Crisis Response Team action.

Sharon McCloy-Reichard moved to approve the Consent Agenda; Peggy Anderson seconded; MOTION CARRIED.

ACTION AGENDA:

Jonathan Wyly stated the Opioid Public Service Announcement action has been amended to include Paul Werth Associates and additional funding from The Columbus Foundation. The purpose of this action is to pay \$2.25 million for the development of an opioid public service announcement (PSA) and the related media placements. The PSA is being developed by Ogilvy in the amount of \$550,000, the budget for the media placements with Universal McCann is \$1,450,000 and the budget with Paul Werth Associates is \$250,000 for social media support and media relations. The funding for this project is being provided by the Columbus Foundation.

Mr. Royer mentioned the tentative date of June 18, 2018 where a group of community partners will launch the community education campaign.

Peggy Anderson moved to approve the Opioid Public Service Announcement action, Audrey begun seconded; MOTION CARRIED.

Mr. Royer explained the Administrative Memo with the Franklin County Board of Disabilities and Adam Heibling. Mr. Heibling talks about what happens when you have untreated mental health issues.

Ann Seren mentioned the NAMI walk is scheduled to take place on June 9 at Wolfe Park 105 Park Drive, Columbus, OH 43209 at 9:30 AM. Ms. Seren walks in honor of Amy Wickes-Passmore.

EXECUTIVE SESSION:

Rory McGuinness announced the Board would commence an Executive Session for the purpose of discussing employment of a public employee, official licensee or regulated individual. Roll was called; 15 members were present; the executive session commenced at 7:19 terminated at 8:04 p.m.

RESOLUTION:

Upon closing the Executive Session, Rory McGuinness read the following resolution:

WHEREAS, The Board of Trustees have performed the annual performance review of David Royer, CEO for the period of May 24, 2017 through May 30, 2018, and

WHEREAS, Mr. Royer has been deemed to have successfully met the duties and responsibilities of the position of Chief Executive Officer during said period,

Now, THEREFORE, The ADAMH Board of Trustees does hereby approve continued agreement of employment for the period of May 30, 2018 through May 31, 2019 subject to annual performance and compensation review.

Karri Dosmann moved to adopt the Resolution; Terree Stevenson seconded; MOTION CARRIED.

Meeting adjourned at 8:10 p.m.

Recorder: Tikara Robinson

Rory McGuinness, Chair

Sharon McCloy-Reichard, Secretary