



Summer 2019

[Visit our Website](#)

Recovery Month: Shining a Spotlight on Recovery

Recovery is a process, not a task to check off your list. During Recovery Month, help us spread the hope of recovery to those living with a mental health or substance use disorder. We are shining a spotlight on recovery with [this toolkit](#), which profiles individuals from our System of Care who are living in recovery.

These individuals live right here in Franklin County and are working each day, with the help of our providers, to live fuller, healthier, happier lives. Join us in sharing their stories on social media using the graphics, videos and text provided.

Watch Leon Barber's spotlight video below to see what a day in the life of someone living in recovery looks like. You can also follow ADAMH on social media ([@ADAMHBoardofFranklinCounty](#) on [Facebook](#), [Instagram](#) and [LinkedIn](#)) for more recovery spotlights this month and throughout the year.



To connect with a service provider in the ADAMH System of Care, visit our website: adamhfranklin.org

ADAMH - Where Better Begins.

Sincerely,

David A. Royer
ADAMH CEO

ADAMH Recovery Month Toolkit



Where Better Begins: Leon Barber

Living in recovery from mental health or substance use disorder can look different for each person. See what a day living in recovery looks like for Leon Barber.

Leon's recovery journey has included multiple relapses, but today, he has found a routine that has allowed him to maintain his own personal program of recovery. Leon is now a Certified Peer Supporter at [Twin Valley Behavioral Healthcare Hospital](#).

[Learn more about becoming a Certified Peer Supporter.](#)

ADAMH Annual Awards and Annual Meeting

2019 ADAMH Annual Meeting



Tuesday, October 15
5:30 - 7 p.m.

The ADAMH Board of Franklin County invites you to our 2019 Annual Meeting!

Please join us as we celebrate the accomplishments of 2019 with keynote speaker Lori Criss, Ohio Director of the Department of Mental Health & Addiction Services.

Tuesday, October 15 from 5:30 - 7 p.m.
Grange Insurance Audubon Center

[505 W Whittier St. Columbus, OH 43215](#)

*Hors d'oeuvres will be provided.

RSVP to [Diane Peterson](#) by *Wednesday, October 9, 2019* using [this form](#). You may also RSVP by email to dpeterson@adamhfranklin.org or by phone at 614.222.3706.

Submit A Nomination

There's still time to submit nominations for ADAMH 2019 Annual Awards!

Do you know someone who is working in our System of Care that deserves recognition for their amazing efforts?

Submit your nominations by *Friday, August 30*.

Prescription Drug Take Back Day: *Saturday, October 26* Safe Medication Disposal Bags

Learn More

The next National Prescription Drug Take Back Day is *Saturday, October 26*! Find the collection site closest to you to safely dispose of your unused or expired prescription medications.

Can't make it out on *October 26* and want to safely dispose of your medications now? ADAMH will mail a safe medication disposal bag to any Franklin County resident for FREE!



ADAMH Summer Camps: Be a Star, Not a Statistic

Franklin County youth learned to [Be a Star, Not a Statistic](#) at ADAMH-funded summer camps this year! Thank you to everyone who helped to make these camps possible, including all of our partners who provided a safe and fun learning environment for kids this summer.



Be Smart, Don't Start!

A student who attended **Alvis'** Summer Quest camp this year submitted our winning slogan! Thank you for participating in our slogan contest.



ADAMH 2019 Mural Project with All People Arts on the South Side



ADAMH and **ALternative** have partnered with **All People Arts** to bring a mural to the south side community.

If you work or live on the south side, we want YOU to give ideas for the design! [Share Your Ideas](#)

We are getting design ideas from residents and families at community meetings and other activities that take place in the community. Eliza Ho, from **ALternative**, will use those ideas to design the mural. Then, we will ask residents and families to help paint the mural in September/October.

[Learn More](#) << Watch this page for the announcement of paint days!

5 Ways to Nix New School Year Stress



A new school year is starting!

The start of a new school year brings unique stressors for kids and parents alike. Here are some tips from ADAMH Medical Director, Dr. Delaney Smith, to help your family get through the first few weeks of transition:

[5 Ways to Nix New School Year Stress](#)

Did you know that ADAMH partners with providers within our System of Care to offer services in all 16 Franklin County public school districts?

[See what services are offered in each district.](#)

System Orientation

Are you a new employee in the ADAMH System of Care? Have you worked in our system for a while, but are interested in a refresher on how it all works?

System Orientation on *Wednesday, November 13*, at the Martin de Porres Center will offer ADAMH System of Care provider employees basic education of the ADAMH System that includes information about our vision and mission, ADAMH's provider agencies, the **Provider Leadership Association (PLA)**, the **Consumer and Family Advocacy Council (CFAC)**, prevention, housing and the consumer complaints and grievances process.

Naloxone training with **Southeast Healthcare** will also be provided!

RSVP by Friday, November 8 to dpeterson@adamhfranklin.org.

Provider News Updates

- **ADAMH**, **Netcare** and the **Franklin County Sheriff's Office** are working together to keep people living with mental health disorders in Franklin County out of jail and instead linking them to mental health treatment. [Read More](#)
- **CFAC**, the **Consumer and Family Advocacy Council**, is hosting **Enhancing Recovery Through the Art of Self Expression**. This event will consist of Experiential/Educational Recovery Focused Talent and Informational Sharing and will be held on *Monday, September 9*, from 4 to 7 pm at ADAMH (447 E. Broad Street). [Learn More](#)
- **Mental Health America of Franklin County** is hosting the "Working with Youth and Young Adults Who Experience Bipolar Disorder or Psychosis," 2019 Children's Mental Health Conference, on *Wednesday, October 2*. 7 CEUs approved. [Download the Conference Brochure](#) and [Register](#).
- **Franklin County LOSS** is hosting Alan Wolfelt for an evening and all day session on *Wednesday, October 2* for loss survivors ([Learn More](#)) and all day session on *Thursday, October 3* for caregivers ([Learn More](#)). CEU's Included.
- The next **Franklin County LOSS** information session for volunteers will be held on *Tuesday, October 22*, 6:00-8:00 p.m.
- **Franklin County LOSS** is also the beneficiary of **Ohio H.O.P.E.S. 2019**, taking place on *Saturday, October 12* at Huntington Park. [Learn More and Buy Tickets](#)
- **Alvis' Portraits of Recovery Luncheon** takes place on *Tuesday, September 24*, in the Short North Ballroom at the Greater Columbus Convention Center. The program takes place from Noon to 1 p.m. with pre-luncheon activities starting at 11:15 a.m. All proceeds will benefit the **Amethyst** program. [Learn More](#)
- **Alvis** is pleased to introduce their new **Integrated Behavioral Healthcare Services** designed specifically to meet the needs of individuals with intellectual/developmental disabilities. For more information or to make a referral, please contact Sandy Allen, Managing Director, DD Services, by email at DDbehavioralhealth@alvis.180.org or call 614.252.8402, Ext. 380.
- **NAMI Franklin County's Mentor Program** connects families and caregivers with caring family members who can help you deal with the realities and difficulties of caring for a loved one with mental illness. [Learn More and Apply](#)
- **Syntero's** Suicide Prevention and Threat Assessment Services Help Families and Schools Approach Tough Issues. [Learn More](#)

About ADAMH

ADAMH, the Alcohol, Drug and Mental Health Board, is a Franklin County government agency which funds over 30 non-profits who offer mental health and substance abuse treatment and prevention programs to Franklin County residents. These community non-profit organizations provide quality mental health as well as alcohol and drug addiction treatment services. We are dedicated to providing Franklin County residents with affordable, high quality alcohol, drug and mental health care.

If you or someone you know needs treatment or services, call Netcare, 24 hours a day, 7 days a week:
614-276-CARE (2273)

STAY CONNECTED

@ADAMHBoardofFranklinCounty



Join Our Mailing List

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Where Better Begins.

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