

Fall 2019 Updates from ADAMH



Fall 2019

Visit our Website

Kevin Dixon, Ph.D., Steps In as ADAMH Interim CEO

The ADAMH Board of Trustees announced that ADAMH Vice President of Community and Cultural Engagement Kevin Dixon, Ph.D. will be the interim CEO as the board continues their search for the permanent CEO. David A. Royer announced his retirement earlier this year and officially retired on October 31, 2019.

Pictured: Peggy Anderson, ADAMH Board Chair; Kevin Dixon, Ph.D., ADAMH Interim CEO; David A. Royer, Former ADAMH CEO



To connect with a service provider in the ADAMH System of Care, visit our website: adamhfranklin.org

ADAMH - Where Better Begins.

Where Better Begins: Sarah Cline



If you are feeling lost and afraid after giving birth, you are not alone. Sarah experienced postpartum depression. After connecting with **POEM** (Perinatal Outreach and Encouragement for Moms) at **Mental Health America of Franklin County**, a provider in the ADAMH System of Care, she is now living a fuller, healthier, happier life with her son.

[Learn More About POEM.](#)

ADAMH Annual Awards and Annual Meeting



The **2019 ADAMH Annual Meeting** was held on *Tuesday, October 15*, honoring many of the amazing individuals who make an impact in our community.

Randall M. Dana Award: William Burton, the Manager of Outcomes and Community Engagement at the Maryhaven Addiction Stabilization Center

Barry Mastrine Award: Rapid Response Emergency Addiction



and Crisis Team (RREACT) of the City of Columbus Division of Fire

Extraordinary Mile Award: Christopher Menapace, Assistant Chief, Whitehall Division of Fire

Art Lynn Consumer & Family Advocate Award: Shireen Mehta, Pathway Clubhouse member & Advisory Board member, Concord Counseling Services' Pathway Clubhouse



In addition to our annual award winners, we recognized **David A. Royer**, who is retiring after 19 years as the ADAMH Board of Franklin County CEO, as well as **Jerry Revish**, who is also celebrating his retirement.

Members of our **Where Better Begins. campaign** were also featured at this year's meeting.

Lori Criss, Director of the Ohio Department of Mental Health & Addiction Services, joined us as our keynote speaker this year.



We also recognized four **outgoing ADAMH Board Members**: Rory McGuiness, Damon Muldoon, Irma Phillips-Carmichael, Ph.D., Audrey Begun, Ph.D.

Live music was provided by **The Paragon Project**, a youth-led musical group at Fort Hayes Metropolitan Education Center.

The **Provider Leadership Association (PLA)** awarded the **Tom Ramseyer Scholarship** to Amy Durtschi, Concord Counseling.

[View the full photo album from our 2019 Annual Meeting.](#)

Volunteer with ADAMH!



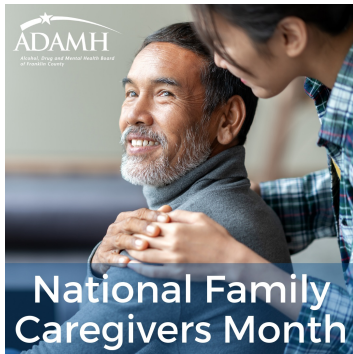
New! ADAMH Volunteer Program

Volunteer opportunities are available with the ADAMH Board of Franklin County at Community Outreach Events!

Earn college credit while learning about the Behavioral Health System in Franklin County!

Contact Diane Peterson, ADAMH Volunteer and Events Coordinator, at dpeterson@adamhfranklin.org or **614.222.3706** for more information.

Thank you, Caregivers!



Each November, the nation takes time to celebrate, recognize and honor family caregivers. Caregiving is a difficult and never-ending job. People providing care and support for loved ones pour their heart and soul into their work, but you can't pour from an empty cup. This year, and every year, ADAMH wants to encourage caregivers to take time for self-care, too.

Learn more about services offered to caregivers by the ADAMH System of Care and see additional tips to protect your mental and physical well-being:

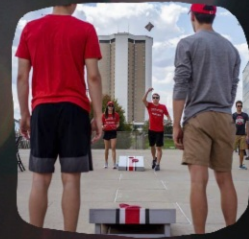
[National Family Caregivers Month](#)

Community Mini-Grants



Raise Awareness
Promote Health & Wellness
Promote Prevention
Fight Stigma

Spread Hope



2020 Community Mini-Grant Funds are Now Available

ADAMH is now accepting applications for the 2020 Mini-Grant Program. Non-profit organizations can apply for funds to support programs or events that raise awareness of mental illness or addiction, promote health and wellness, promote prevention activities or fight stigma. The deadline is 5 p.m. on the first Wednesday of each month and you must apply at least 60 days before your program or event occurs.

Here are a few programs that ADAMH supported in the past:

- A day of empowerment and inspiration for teenage girls, moms, and mentors to raise awareness about dating violence.
- A one-day program to address mental health stigma in the African American Community.
- A family-friendly tailgate event before home football games.
- A one-day event offering educational programs and promoting health and wellness resources in the community.

[The next program we support could be yours!](#)

[Apply Now](#)

Provider News Updates

- The **Franklin County LOSS** International Survivors of Suicide Day Breakfast is on Saturday, November 23, from 9:30 to 11:30 am at the Grange Insurance Audubon Center. [Learn More.](#)
 - **Franklin County LOSS** – Additional upcoming events are offered free of charge at the LOSS Office: 3040 Riverside Drive Suite 224
1. TAPS (Tragedy Assistance Program for Survivors) Support Group, for anyone who has lost someone who served in the military, meets the first Tuesday of every month from 7:00-8:30. For registration information email Abby@franklincountyloss.org
 2. There will be two 10-week Survivor of Suicide Support Groups for the Winter. One begins on *Monday, Jan. 6, 2020*, from 7:00 to 8:30 pm. [Learn More.](#) The other will begin on *Wednesday*,

- [Jan. 8, 2020](#), from 7:00 to 8:30 pm. [Learn More.](#)
- The next prospective volunteer Info Session for LOSS is *Tuesday, Jan. 7, 2020*, from 6 to 8 pm. [Learn More.](#)
 - The next Question Persuade Refer (QPR) Suicide Prevention training is *Thursday, Jan. 16, 2020*, from 6 to 8 pm. [Learn More.](#)
 - LOSS will host a Survivor Rock Painting Workshop on *Saturday, Feb. 1, 2020*, from 9:30-11:30 am. [Learn More.](#)
- Concord Counseling Services** is hosting a career fair on *Friday, December 6*. [Learn More.](#)
 - Directions for Youth & Families** is hosting their third Winter is Here concert in 2020 featuring great music and networking, including some repeat performances from their outstanding partner bands. The concert will be on *Thursday, Jan. 30, 2020* from 5 to 10 pm at Woodlands Tavern, 1200 W. 3rd Ave. \$30/ticket, \$250 friend pack of 10, \$75/VIP ticket, Sponsorship [Learn More.](#)
 - North Community Counseling's** FREE Women's Empowerment Program now has seven groups located across Columbus, Ohio, and more are being added! This program provides women with the skills, support, and education they need to gain independence and handle the challenges women face. This program can also provide transportation to program and group-related activities, child care, financial assistance, personal care items, and more to reduce barriers in participants' lives. *Women do not need to be NCCC clients to join the program, and we serve all women between the ages of 12 and 64.* To see all of the available groups, visit [northcommunity.com!](#)
 - North Community Counseling** currently has no wait lists for psychiatry appointments and most appointments are scheduled within one week! NCCC also has a child psychiatrist available. To schedule an appointment, please contact their intake line at 614.261.3196.
 - North Community Counseling's** new ACT Team (Assertive Community Treatment) is an all-inclusive treatment team that consists of therapists, case managers, psychiatric providers, and nurses. Together, these assist clients with basic needs, mental and medical health issues, addiction, supported employment, and peer support to improve their quality of life. To learn more, please contact Kim Sandbrink, ACT Team Leader, at ksandbrink@northcommunity.com.
 - Coming in 2020, **North Community Counseling** will be introducing a new LGBTQ+ program! Stay tuned for more information, as well as start dates.
 - Alvis** has openings in their SHINE Recovery House for women (Stable Housing to Inspire, Nurture & Empower). This is a Level II Recovery House that provides 6-12 months of transitional housing for ladies with a goal of transitioning to successful, independent living. For more information, [view the flier.](#)

About ADAMH

ADAMH, the Alcohol, Drug and Mental Health Board, is a Franklin County government agency which funds over 30 non-profits who offer mental health and substance abuse treatment and prevention programs to Franklin County residents. These community non-profit organizations provide quality mental health as well as alcohol and drug addiction treatment services. We are dedicated to providing Franklin County residents with affordable, high quality alcohol, drug and mental health care.

*If you or someone you know needs treatment or services, call Netcare, 24 hours a day, 7 days a week:
614-276-CARE (2273)*

STAY CONNECTED

@ADAMHBoardofFranklinCounty



Join Our Mailing List

[View as Webpage](#)

Where Better Begins.

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