

The Dempsey Family Education and Resource Center

2020 Offerings

All groups are open to the community and free of charge.

Behavioral Health Family Support Group – Every Tuesday from 4:30-5:30 pm – Group for families and friends (adults only) of adults with mental illness. Facilitated by a mental health professional. **This group is currently offered virtually via Zoom. To register go to www.MHAohio.org or call 614-221-1441.**

Caregiver for those with ALS Support Group – 3rd Mon at 1-2 pm – Connect with others caring for loved one with ALS. **This group is currently offered virtually via Zoom. Please contact Carleen Hubbell, BS MA (Care Services Coordinator) 614-273-2572 x110; chubbell@alshio.org**

Caregiver Support Group – 3rd Thursday 2-3:30 pm – Connect with other caregivers, share about challenges and successes, as well as learn about community resources. **This group is currently offered virtually via Zoom. Please call 614-788-6115 for log in information.**

Caregiver for Stroke Survivors Support Group – 3rd Thursday 6-7:30 – Connect with other caregivers, share about challenges and successes, as well as learn about community resources. **This group is currently offered virtually via Zoom. Please call 614-788-6115 for log in information..**

Depression Support Group – 1st and 4th Thursday 6:30pm – 8:00 pm. This group offers a supportive environment to those dealing with depression. Each group will have time of discussion as well as an educational presentation. **This group is currently offered virtually via Zoom. To register go to www.MHAohio.org or call 614-221-1441.**

Depression Support Group For Neuro Patients & Caregivers – 2nd Tuesday 6:00-7:30pm – This group offers support & education for neuro patients and family dealing with depression. **This group is currently offered virtually via Zoom. Please call 614-788-6115 for log in information.**

Epilepsy Support Groups – Monthly gatherings for Adults (1st Wednesday 6-8 pm), Young Adults (2nd Wednesday 6-8 pm), and Parents (Last Monday 6:30-8:00 pm). Facilitated by the Epilepsy Alliance. No meetings in December. **This group is currently offered virtually via Zoom. Please call 614-788-6115 for log in information.**

Dempsey Center Location: OhioHealth Riverside Methodist Hospital, 3535 Olentangy River Rd,
Columbus, OH 43214 Phone: 614-788-6115 E-mail: DempseyCenter@ohiohealth.com

Please bring your parking ticket, either self park or valet park, and we will validate your parking.

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Multiple Sclerosis Lunch and Learn – 3rd Mondays 12:00-1:00pm –. **This group is currently offered virtually via Zoom. Please call 614-788-6115 for log in information.**

Myasthenia Gravis Support Group – A group for all MG patients, caregivers, family and support teams. **This group is currently offered virtually via Zoom. Please call Cathy Appel; 614-581-0977; or e-mail at cathyappel01@gmail.com centralohiomg@gmail.com**

PCP (Progressive Supranuclear Palsy), CBD (Corticobasal Degeneration), and MSA (Multiple System Atrophy) Support Group – 1st and 3rd Saturday 11:30am – 1:00pm – A peer led support group. **This group is currently offered virtually via Zoom. Please call Nancy Montgomery, 724-680-2211, or centralohiopspgroup@gmail.com**

Parkinson's Disease Support Group - 4th Wednesday 1:00-2:00 pm – For those with Parkinson's Disease. **This group is currently offered virtually via Zoom. Please call 614-788-6115 for log in information.**

Stroke Group Adult S.W.A.T. (Stroke, Wound, Aneurysm, Tumor) Support Group
1st Tuesday every month from 6:30-8:00 pm. Group for adult stroke survivors and their caregivers. **This group is currently offered virtually via Zoom. Please call 614-788-6115 for log in information.**

The Stroke Survivors' Club – 2nd Friday every month from 10-11:30 am – Group for adult stroke survivors aged 18-55 years old and caregivers. **This group is currently offered virtually via Zoom. Please call 614-788-6115 for log in information.**

Children of Stroke and TBI Survivors Support Group – 4th Saturday 1:00pm - 2:00pm This group offers an opportunity to connect with others, participate in discussion and engage in activities. **This group is currently offered virtually via Zoom. Please call 614-788-6115 for log in information.**

TBI Support Group - 2nd Thursday 6-7:30pm. This group is designed to improve the outlook, knowledge, awareness and self-advocacy for TBI survivors and their caregivers. **This group is currently offered virtually via Zoom. Please call 614-788-6115 for log in information.**

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