

Types of Services Offered:

- Early Intervention / Prevention
- Referral & Linkage to Community Resources
- Consultation for Students, Parents & School Personnel
- Crisis Support & Intervention
- Parent Workshops & Community Trainings
- Professional Development of School Personnel
- Classroom Observation
- Behavior Modification.

Education Programs -

- Stress & Worry Management
- Self-Regulation
- Managing Emotions / Coping-Skills
- Positive Friendships / Anti-Bullying / Social Skills
- Making Positive / Healthy Choices
- Building Resiliency,
 Confidence & Self-Esteem
- Leadership Skills
- Too Good For Drugs
- LifeSkills Training

Note: Services provided to each school are specialized based on their unique needs and are flexible to respond to emerging needs. Services are currently offered to students in grades K-12 in Gahanna Jefferson Public Schools.

GAHANNA JEFFERSON PUBLIC SCHOOLS

ADAMH Provider at Gahanna Jefferson Public Schools:

Concord Counseling Services

Contact:

Alexandria E. R. Caughell, MSW, LISW-S alexcaughell@concordcounseling.org

Gahanna Jefferson Public Schools Liaison:

Lisa Kelley kelleyl@gjps.org





ADAMH Public School Investments:

Research shows that 1 in 5 youth have a diagnosable mental health disorder. Only 20% of those receive treatment. We also know that 50% of lifetime mental health disorders start by age 14. Early identification and intervention is essential for positive outcomes.

The Alcohol, Drug and Mental Health Board of Franklin County has partnered with all of the public school districts in Franklin County to provide prevention, early intervention and treatment services to students by providing funding for certified mental health and addiction providers to be available for support in each district.

Concord's school-based prevention programs are designed to offer shortterm, strength based, skill-building interventions to students who are struggling socially/emotionally in school. These skills are tailored to the intellectual, cognitive, and social development of the student. Concord provides both mental health and substance use prevention programs in the school district. The mental health prevention staff meet with students 1:1 to identify barriers to their school success, help them set realistic goals and teach them needed skills to get them back on track. Groups are run throughout the school year on a variety of topics that strengthen healthy skills. The substance use prevention staff educate students about the risks of drug/alcohol/tobacco use as well as how to build confidence, make good decisions and communicate effectively in order to resist using substances. Prevention staff in both programs are integrated into their assigned school buildings and work closely with school staff including administrators, counselors and teachers. Through this partnership, ADAMH aims to reduce the incidents of mental health disorders and the onset of substance use in youth.

About ADAMH

ADAMH is Franklin County's authority for planning, funding and evaluating mental health, alcohol and drug use prevention and treatment services. ADAMH-funded services are provided by a local network of more than 30 not-for-profit providers.

Visit us at: www.adamhfranklin.org
Text ADAMHFRANKLIN to 28226 to join our mailing list!
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