

### **Types of Services Offered:**

- Early Intervention
- Suicide Prevention
- Assessment, Referral & Linkage
- Consultation for Students, Parents & School Personnel
- Healthy Coping Skills
- Crisis Support & Intervention
- Parent Workshops & Community Trainings
- Professional Development of School Personnel
- Screening tools used to identify and provide support for students at risk of developing anxiety and depression

## **Education Programs:**Substance Use Prevention:

 CRAFFT behavioral health screening tool

#### **Mental Health Promotion:**

- Signs of Suicide (SOS) educational curriculum and
  screening to raise awareness about
  suicide & depression
- Coping 101 provide
   psychoeducation and help
   students develop skills to manage
   life stressors
- Neurosequential Model
   of Education (NME) helps educators understand
   student behavior & performance

Note: Services provided to each school are specialized based on their unique needs and are flexible to respond to emerging needs.

# UPPER ARLINGTON SCHOOLS

#### **ADAMH Provider at Upper Arlington Schools:**

#### **Syntero**

Contact: Susan Ortega sortega@syntero.org

#### **Upper Arlington Schools Liaison:**

Andrew Hatton - ahatton@uaschools.org or

Kathleen Jenney - kjenney@uaschools.org





#### **ADAMH Public School Investments:**

Research shows that 1 in 5 youth have a diagnosable mental health disorder. Only 20% of those receive treatment. We also know that 50% of lifetime mental health disorders start by age 14. Early identification and intervention is essential for positive outcomes.

The Alcohol, Drug and Mental Health Board of Franklin County has partnered with all of the public school districts in Franklin County to provide prevention, early intervention and treatment services to students by providing funding for certified mental health and addiction providers to be available for support in each district.

Syntero provides School Based Clinicians for the Upper Arlington School district who work with school personnel to develop services and programming to identify students at risk of developing mental health disorders and/or substance use disorders. Students, parents and school personnel are provided with access to services that work to increase awareness and knowledge of mental health and substance use signs and symptoms. Programming also aids individuals in increasing the utilization of healthy coping strategies. Through this partnership, ADAMH aims to reduce the incidents of mental health disorders and the onset of substance use in youth.

#### **About ADAMH**

ADAMH is Franklin County's authority for planning, funding and evaluating mental health, alcohol and drug abuse prevention and treatment services. ADAMH-funded services are provided by a local network of more than 30 not-for-profit providers.

Visit us at: www.adamhfranklin.org
Text ADAMHFRANKLIN to 28226 to join our mailing list!
Connect with us: @ADAMHFranklin









