



ADAMH SCHOOL INVESTMENTS

ADAMH FUNDS PREVENTION PROGRAMS IN EVERY
PUBLIC FRANKLIN COUNTY SCHOOL DISTRICT!



WORTHINGTON
SCHOOLS

Types of Services Offered:

- Online Prevention Groups
- Suicide Prevention
- Assessment, Referral & Linkage
- Consultation for Students, Parents & School Personnel
- Healthy Coping Skills
- Crisis Support & Intervention
- Professional Development of School Personnel

Education Programs -

- **Positive Action** - A program that helps schools create a positive learning environment through the promotion of an intrinsic interest in learning and the encouragement of cooperation among students.
- **Zones of Regulation** - This framework provides strategies to teach students to become more aware of and independent in controlling their emotions and impulses, managing their sensory needs, and improving their ability to problem solve.
- **C.A.T. Project** - This program provides education about anxiety, skills for identifying and managing anxiety, and an approach to face one's fears.
- **Second Step** - A program that teaches socio-emotional skills aimed at reducing impulsive and aggressive behavior while increasing social competence.

Note: Services provided to each school are specialized based on their unique needs and are flexible to respond to emerging needs.

WORTHINGTON SCHOOLS

ADAMH Provider at Worthington Schools: North Community Counseling Centers

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Worthington Schools Liaison:

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ADAMH Public School Investments:

Research shows that 1 in 5 youth have a diagnosable mental health disorder. Only 20% of those receive treatment. We also know that 50% of lifetime mental health disorders start by age 14. Early identification and intervention is essential for positive outcomes. If not properly identified and preventative measures taken, exposure to trauma can lead to truancy, decreased graduation rates, increased risky behaviors, higher suicide rates, and poor problem solving, adaptive and decision-making skills. Students who already experience poor coping and anger management skills are also at risk for illegal activities, involvement with the legal system and deterioration of cognitive functioning.

The Alcohol, Drug and Mental Health Board of Franklin County has partnered with all of the public school districts in Franklin County to provide prevention, early intervention and treatment services to students through the funding of state certified behavioral health providers.

North Community Counseling Centers will connect students within the Worthington School district with licensed clinicians and qualified mental health specialists who will work with school personnel and families to identify students at risk of developing mental health disorders and/or substance use disorders. Students, parents and school personnel will be provided with access to services that will work to increase awareness and knowledge of mental health and substance use signs and symptoms, along with providing access to help. Through this partnership, ADAMH aims to reduce the incidents of mental health disorders and the onset of substance use in youth.

About ADAMH

ADAMH is Franklin County's authority for planning, funding and evaluating mental health, alcohol and drug use prevention and treatment services. ADAMH-funded services are provided by a local network of more than 30 not-for-profit providers.

Visit us at: www.adamhfranklin.org

Text ADAMHFRANKLIN to 28226 to join our mailing list!

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