

# School Investments

ADAMH Funds Prevention Programs  
in 16 Public School Districts in  
Franklin County!



**ADAMH**  
ALCOHOL, DRUG AND MENTAL HEALTH  
BOARD OF FRANKLIN COUNTY



# Westerville City Schools

## ADAMH Public School Investments:

Research shows four out of five youth nationwide could benefit from prevention services.

In response, the Alcohol, Drug and Mental Health Board (ADAMH) of Franklin County partners with 16 public school districts in Franklin County and certified behavioral health agencies to provide school-based prevention and early intervention services for all students to support their mental health and wellness journey.

ADAMH school-based prevention investments are grounded in the Strategic Prevention Framework developed by the Substance Abuse and Mental Health Services Administration (SAMHSA).

Through evidence-based programs and promising practices, prevention services help students build resilience which can help to mitigate underlying behavioral health risk factors; thereby reducing the likelihood of developing a mental health disorder or engaging in risky behaviors, like substance use.

Concord Counseling Services is the ADAMH behavioral health partner for Westerville City School district. Concord Counseling Services offers school-wide prevention programs to promote a positive school climate, assist students experiencing non-academic barriers to school, support parent engagement and provide professional development for district staff.

Students and staff can reach out to the guidance counselor or the school liaison listed above to access these resources.

Note: Services provided to each school are specialized based on their unique needs and are flexible to respond to emerging needs. Services are currently offered to students in grades 6-8 in Westerville City Schools.

## ADAMH Providers at Westerville City Schools:

### Concord Counseling Services:

Contact: Alexandria E.R. Caughell, MSW, LISW-S  
alexcaughell@concordcounseling.org



### School Liason:

Tami Santa, LISW-S CTRT  
santaT@westerville.k12.oh.us

## Prevention Programs:

**Say Something** - educates about observable warning signs that are often present in behavior that could lead to someone hurting themselves or others as well as teaching students how to safely and anonymously report potential threats

## Skill Building:

- Stress and worry management
- Self-regulation
- Managing emotions / coping- skills
- Positive friendships / anti- bullying / social skills
- Making positive and healthy choices
- Building resiliency, confidence and self-esteem
- Leadership skills

## Types of Services Offered:

- Re-entry from hospitalization or expulsion
- Parent workshops and community trainings
- Professional development of school personnel
- Classroom observation behavior modification
- Early intervention / prevention
- Crisis support and intervention
- Referral and linkage to community resources
- Consultation for students, parents and school personnel social support / connectedness

ADAMH provides a pathway to health and healing for individuals and families in Franklin County seeking resources for addiction and mental health. ADAMH funds accessible and affordable prevention, crisis, treatment, housing, family and recovery services through a network of more than 30 nonprofit agencies located in neighborhoods throughout the county.

Visit us at: [www.adamhfranklin.org](http://www.adamhfranklin.org)  
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