

# Student Mental Health Prevention Services

**Research shows 4 out of 5 youth nationwide could benefit from prevention services.**

Prevention services help students build resilience, which improves their behavioral health and overall well-being.

*Services available for students at:*



*Services funded by:*

**ADAMH**  
ALCOHOL, DRUG AND MENTAL HEALTH  
BOARD OF FRANKLIN COUNTY



# Canal Winchester Schools

## ADAMH Public School Investments:

Research shows four out of five youth nationwide could benefit from prevention services.

In response, the Alcohol, Drug and Mental Health Board (ADAMH) of Franklin County partners with 16 public school districts in Franklin County and certified behavioral health agencies to provide school-based prevention and early intervention services for all students to support their mental health and wellness journey.

ADAMH School-based Prevention investments are grounded in the Strategic Prevention Framework developed by the Substance Abuse and Mental Health Services Administration (SAMHSA).

Through evidence-based programs and promising practices, prevention services help students build resilience which can help to mitigate underlying behavioral health risk factors; thereby reducing the likelihood of developing a mental health disorder or engaging in risky behaviors, like substance use.

Nationwide Children's Hospital is the ADAMH behavioral health partner for Canal Winchester School district. Nationwide Children's Hospital offers trauma-informed and culturally responsive school-wide prevention programs to promote a positive school climate, assist students experiencing non-academic barriers to school, support parent engagement and provide professional development for district staff.

Students and staff can reach out to the guidance counselor or the school liaison listed above to access these resources.

## ADAMH Providers at Canal Winchester Schools:

Nationwide Children's Hospital's Big Lots Behavioral Health Services

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School Liason:  
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## Prevention Programs:

- **Suicide prevention - Signs of Suicide** - recognize signs of depression and suicide
- **Drug and alcohol prevention**
- **Skill building** - social emotional learning and development of emotional regulation, decision-making, and problem-solving skills
- **Early prevention groups**

## Types of Services Offered:

- Assessment, referral and linkage to resources
- Consultation for students, parents and school personnel
- Crisis support and intervention
- Parent workshops
- Professional development of school personnel

Note: Services provided to each school are specialized based on their unique needs and are flexible to respond to emerging needs.

ADAMH provides a pathway to health and healing for individuals and families in Franklin County seeking resources for addiction and mental health. ADAMH funds accessible and affordable prevention, crisis, treatment, housing, family and recovery services through a network of more than 30 nonprofit agencies located in neighborhoods throughout the county.

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