

# Student Mental Health Prevention Services

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**Research shows 4 out of 5 youth nationwide could benefit from prevention services.**

Prevention services help students build resilience, which improves their behavioral health and overall well-being.

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*Services available for students at:*



*Services funded by:*



# Columbus City Schools

## ADAMH Public School Investments:

Research shows four out of five youth nationwide could benefit from prevention services.

In response, the Alcohol, Drug and Mental Health Board (ADAMH) of Franklin County partners with 16 public school districts in Franklin County and certified behavioral health agencies to provide school-based prevention and early intervention services for all students to support their mental health and wellness journey.

ADAMH school-based prevention investments are grounded in the Strategic Prevention Framework developed by the Substance Abuse and Mental Health Services Administration (SAMHSA).

Through evidence-based programs and promising practices, prevention services help students build resilience which can help to mitigate underlying behavioral health risk factors; thereby reducing the likelihood of developing a mental health disorder or engaging in risky behaviors, like substance use.

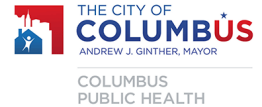
## Types of Services Offered:

- Youth-led prevention
- Violence prevention
- Drug-free social and recreational activities
- Groups for children of substance abusers
- Suicide prevention: classroom and school-wide
- Youth and adult leadership activities
- Mentoring programs
- Online prevention groups
- Parent workshops/community trainings
- Brief early intervention: group or individual
- Classroom or school-wide universal prevention
- Classroom, small group or one on one instruction
- Education programs for youth/adult groups

## ADAMH Providers at Columbus City Schools:

Please contact your building principal for information regarding the programs available to your student(s).

**Columbus Public Health  
Alcohol & Drug Services Program**  
Contact: Samantha Fellows  
sfellows@columbus.gov



**Columbus Urban League**  
Contact: Kimberly Sanders  
ksanders@cul.org



**Community for New Direction (CND)**  
Contact: Susie Shipley Norwood  
snorwood@cndcolumbus.org



**CompDrug - Youth to Youth**  
Contact: Cheryl Sells  
csells@youthtoyouth.net



**Directions for Youth & Families (DFYF)**  
Contact: Joseluis Guajardo - MSE, LPCC  
guajardo@dfyf.org



**Nationwide Children's Hospital's Big Lots Behavioral Health Services**  
Contact: Nakeia Hudson, LISW-S, MBA  
Nakeia.Hudson@nationwidechildrens.org



**North Community Counseling Centers, Inc.**  
Contact: Kathy Brown  
katbrown@northcommunity.com



**St. Vincent Family Services**  
Contact: Rebecca Paull  
rpaul@svfc.org



## Resources

- Assessment, referral and linkage
- Consumer advocacy and linkage
- Health fairs
- Staffed information booths
- Multi-agency coordination and collaboration
- Professional development of school personnel
- Consultation for students, parents or school personnel

Note: Services provided to each school are specialized based on their unique needs and are flexible to respond to emerging needs.

ADAMH provides a pathway to health and healing for individuals and families in Franklin County seeking resources for addiction and mental health. ADAMH funds accessible and affordable prevention, crisis, treatment, housing, family and recovery services through a network of more than 30 nonprofit agencies located in neighborhoods throughout the county.

Visit us at: [www.adamhfranklin.org](http://www.adamhfranklin.org)  
Connect with us: @ADAMHFranklin

