

# Student Mental Health Prevention Services

**Research shows 4 out of 5 youth nationwide could benefit from prevention services.**

Prevention services help students build resilience, which improves their behavioral health and overall well-being.

*Services available for students at:*



*Services funded by:*



# Groveport Madison Schools

## ADAMH Public School Investments:

Research shows four out of five youth nationwide could benefit from prevention services.

In response, the Alcohol, Drug and Mental Health Board (ADAMH) of Franklin County partners with 16 public school districts in Franklin County and certified behavioral health agencies to provide school-based prevention and early intervention services for all students to support their mental health and wellness journey.

ADAMH school-based prevention investments are grounded in the Strategic Prevention Framework developed by the Substance Abuse and Mental Health Services Administration (SAMHSA).

Through evidence-based programs and promising practices, prevention services help students build resilience which can help to mitigate underlying behavioral health risk factors; thereby reducing the likelihood of developing a mental health disorder or engaging in risky behaviors, like substance use.

Concord Counseling is the ADAMH behavioral health partner for Groveport Madison School district. Concord Counseling offers school-wide prevention programs to promote a positive school climate, assist students experiencing non-academic barriers to school, support parent engagement and provide professional development for district staff.

Students and staff can reach out to the guidance counselor or the school liaison listed above to access these resources.

Note: Services provided to each school are specialized based on their unique needs and are flexible to respond to emerging needs. **Services are currently offered to students in grades K-12 in Groveport Madison Schools.**

## ADAMH Providers at Groveport Madison Schools:

### Concord Counseling

Contact: Anne Karapontso, LISW-S  
annekarapontso@concordcounseling.org



## Types of Services Offered:

- Prevention education and early intervention for mental health and substance use
- Individual/small group skill-building
- Crisis support and intervention
- Classroom lessons
- School-wide programming, including Signs of Suicide
- Consultation for students, parents and school personnel
- Referral and linkage to community resources
- Parent workshops and community trainings
- Professional development of school personnel

## Skill Building:

- Stress and worry management
- Self-regulation, conflict resolution
- Managing emotions and ways to cope
- Resiliency, confidence and self-esteem
- Time management, organization, growth mindset, study skills
- Healthy friendships, social skills
- Peer refusal, harm reduction, healthy choices
- Communication, respect, empathy

\*Summer services are available to Groveport Madison students from June-August and consist of skill building groups as well as referral and linkage as needed.

ADAMH provides a pathway to health and healing for individuals and families in Franklin County seeking resources for addiction and mental health. ADAMH funds accessible and affordable prevention, crisis, treatment, housing, family and recovery services through a network of more than 30 nonprofit agencies located in neighborhoods throughout the county.

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