

Student Mental Health Prevention Services

Research shows 4 out of 5 youth nationwide could benefit from prevention services.

Prevention services help students build resilience, which improves their behavioral health and overall well-being.

Services available for students at:



Services funded by:



Hamilton Local Schools

ADAMH Public School Investments:

Research shows four out of five youth nationwide could benefit from prevention services.

In response, the Alcohol, Drug and Mental Health Board (ADAMH) of Franklin County partners with 16 public school districts in Franklin County and certified behavioral health agencies to provide school-based prevention and early intervention services for all students to support their mental health and wellness journey.

ADAMH school-based prevention investments are grounded in the Strategic Prevention Framework developed by the Substance Abuse and Mental Health Services Administration (SAMHSA).

Through evidence-based programs and promising practices, prevention services help students build resilience which can help to mitigate underlying behavioral health risk factors; thereby reducing the likelihood of developing a mental health disorder or engaging in risky behaviors, like substance use.

Ohio Guidestone is the ADAMH behavioral health partner for Hamilton Local School district. Ohio Guidestone offers school-wide prevention programs to promote a positive school climate, assist students experiencing non-academic barriers to school, support parent engagement and provide professional development for district staff.

Students and staff can reach out to the guidance counselor or the school liaison listed above to access these resources.

Note: Services provided to each school are specialized based on their unique needs and are flexible to respond to emerging needs.

ADAMH Providers at Hamilton Local Schools:

Ohio Guidestone
Contact: Jillian Cleary
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School Liason:
Ryan Woods
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Prevention Programs:

- **Botvin Lifeskills Training Program (LST)** - a research-validated substance abuse prevention program proven to reduce the risks of alcohol, tobacco, drug abuse, and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors. This comprehensive program provides youth with the confidence and skills necessary to successfully handle challenging situations.
- **Incredible Years** - a series of interlocking, evidence-based programs that work to prevent and treat young children's behavior problems and promote their social, emotional and academic competence.
- **Peer-led prevention programs**
- **Suicide prevention assessment**
- **Student small groups**
 - Anger management
 - Social skills
 - Character education
 - Grief
 - Self-esteem and self-regulation

Types of Services Offered:

- Parent education sessions
- Anger management and social skills enhancement
- Crisis support and intervention
- Professional development of school personnel
- Prevention assessment, referral and linkage consultation with students, parents and school personnel

ADAMH provides a pathway to health and healing for individuals and families in Franklin County seeking resources for addiction and mental health. ADAMH funds accessible and affordable prevention, crisis, treatment, housing, family and recovery services through a network of more than 30 nonprofit agencies located in neighborhoods throughout the county.

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