

Student Mental Health Prevention Services

Research shows 4 out of 5 youth nationwide could benefit from prevention services.

Prevention services help students build resilience, which improves their behavioral health and overall well-being.

Services available for students at:



Services funded by:



Whitehall City Schools

ADAMH Public School Investments:

Research shows four out of five youth nationwide could benefit from prevention services.

In response, the Alcohol, Drug and Mental Health Board (ADAMH) of Franklin County partners with 16 public school districts in Franklin County and certified behavioral health agencies to provide school-based prevention and early intervention services for all students to support their mental health and wellness journey.

ADAMH school-based prevention investments are grounded in the Strategic Prevention Framework developed by the Substance Abuse and Mental Health Services Administration (SAMHSA).

Through evidence-based programs and promising practices, prevention services help students build resilience which can help to mitigate underlying behavioral health risk factors; thereby reducing the likelihood of developing a mental health disorder or engaging in risky behaviors, like substance use.

Types of Services Offered:

- Assessment, referral and linkage
- Brief early intervention: group or individual
- Classroom or school-wide universal prevention
- Classroom, small group or one on one instruction
- Consultation for students, parents, or school personnel
- Consumer advocacy and linkage
- Drug-free social and recreational activities
- Education programs for youth/adult groups
- Groups for children of substance abusers

Note: Services provided to each school are specialized based on their unique needs and are flexible to respond to emerging needs.

ADAMH provides a pathway to health and healing for individuals and families in Franklin County seeking resources for addiction and mental health. ADAMH funds accessible and affordable prevention, crisis, treatment, housing, family and recovery services through a network of more than 30 nonprofit agencies located in neighborhoods throughout the county.

ADAMH Providers at Columbus City Schools:

Ohio Guidestone

Contact: Jillian Cleary, LISW- School
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Doug Shoemaker- Whitehall City Schools
Director of Support Services
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Kae Avenue Elementary- Pre-K & 1st Grade
Tara Bigler, Social Worker
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Etna Road Elementary School-Grades 2-5
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Beechwood Elementary School-Grades 2-5
Rita Valenzuela, Social Worker
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Rosemore Middle School- Grades 6-8
Tracy Anderson
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Whitehall Yearling High School - Grades 9-12
Corinne Byers, Social Worker
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Prevention Education Programs

- **Botvin Lifeskills Training Program (LST)** - a research-validated substance abuse prevention program proven to reduce the risks of alcohol, tobacco, drug abuse, and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors. This comprehensive program provides youth with the confidence and skills necessary to successfully handle challenging situations.
- **Incredible Years** - a series of interlocking, evidence-based programs that work to prevent and treat young children's behavior problems and promote their social, emotional and academic competence.
- **Suicide Prevention Education**
- **Student Small Groups**
 - Anger Management
 - Social Skills
 - Grief
 - Self-esteem
 - Self-regulation

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