XXXXSupporting Students,Building Resilience

Being a student in today's world is demanding, but no one has to do it alone.

It takes a village to support a student's growth, and the Alcohol, Drug and Mental Health Board of Franklin County (ADAMH) is here to be a part of that journey.

Get connected to prevention services that help students build resiliency, promote life skills, develop coping strategies and more.



Services funded by:



Bexley City Schools

The Alcohol, Drug and Mental Health Board (ADAMH) of Franklin County partners with 16 public school districts in Franklin County and certified behavioral health agencies to provide schoolbased prevention and early intervention services for all students to support their mental health and wellness journey. Prevention services help students build resilience and reduce the risk of mental illness and substance use.

ADAMH Providers at Bexley City Schools:

School Liaison:

Barb Gentille Green barb.gentillegreen@bexley.us

Nationwide Children's Hospital

Contact: Nakeia Hudson, LISW-S, MBA nakeia.hudson@nationwidechildrens.org

Parents and students can reach out to the guidance counselor or the school liaison listed to access these resources.

Student Services Offered:

- Assessment, referral and linkage to resources
- Consultation for students, parents and school personnel
- Crisis support and intervention
- Parent workshops and community trainings
- Professional development of school personnel
- Suicide prevention
- Violence prevention
- Mental Health Counseling

Prevention Programs Offered:

- Signs of Suicide (SOS) Educational curriculum
 Managing emotions/coping skills and depression
- Substance Use Prevention Psychoeducation, peer refusal, decision-making, coping and resiliency skills to at-risk students. Services available to grades K-12.
- Stress/worry management
- Self-regulation, conflict resolution





- Classroom or school-wide universal prevention
- Education programs for youth/adult groups
- Healthy coping skills
- Screening to identify and provide support for students at risk of developing anxiety and depression
- Early intervention/prevention
- Individual/small group skill-building
- and screening to raise awareness about suicide Building resiliency, confidence and self-esteem
 - Time management, organization, growth mindset, study skills
 - Healthy friendships, social skills
 - Peer refusal, harm reduction, healthy choices
 - Communication, respect, empathy
 - Goal setting, problem-solving, decision-making skills

Note: Services provided to each school are specialized based on their unique needs. Services are currently offered to students in grades K-12 in Bexley City Schools.

ADAMH funds accessible and affordable prevention, crisis, treatment, housing, family and recovery services through a network of more than 30 nonprofit agencies in Franklin County.

Visit us at: www.adamhfranklin.org **Connect with us: @ADAMHFranklin**



