



# Supporting Students, Building Resilience

Being a student in today's world is demanding, but no one has to do it alone.

It takes a village to support a student's growth, and the Alcohol, Drug and Mental Health Board of Franklin County (ADAMH) is here to be a part of that journey.

Get connected to prevention services that help students build resiliency, promote life skills, develop coping strategies and more.

*Services funded by:*

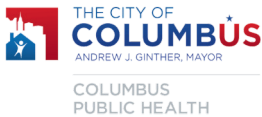


The Alcohol, Drug and Mental Health Board (ADAMH) of Franklin County partners with 16 public school districts in Franklin County and certified behavioral health agencies to provide school-based prevention and early intervention services for all students to support their mental health and wellness journey. Prevention services help students build resilience and reduce the risk of mental illness and substance use.

## ADAMH Providers at Columbus City Schools:

### Columbus Public Health Prevention Program

Contact: Samantha L. Fellows  
sifellows@columbus.gov



### Nationwide Children's Hospital

Contact: Nakeia Hudson, LISW-S, MBA  
nakeia.hudson@nationwidechildrens.org



### Directions for Youth & Families

Contact: Joseluis Guajardo  
guajardo@dfyf.org



### North Community Counseling Centers

Contact: Rebekah McCarthy  
rmccarty@northcommunity.com



### St. Vincent Family Services

Contact: A'yanna Hall  
ah@svfc.org



### Community for New Direction

Contact: Susie Shipley-Norwood  
snorwood@cndcolumbus.org



### Columbus Urban League

Contact: Charity Martin-King  
cmartin-king@cul.org



### CompDrug Youth to Youth

Contact: Cheryl Sells  
csells@youthtoyouth.net



## Student Services Offered:

- Parent workshops and community trainings
- Drug-free social and recreational activities
- Youth-led prevention
- Violence prevention
- Classroom or school-wide universal prevention
- Classroom, small group or one on one instruction
- Education programs for youth/adult groups
- Healthy coping skills
- Early intervention/prevention
- Individual/small group skill-building
- Professional development of school personnel
- Groups for children of substance abusers
- Consultation for students, parents and school personnel
- Mental health counseling
- Assessment, referral and linkage to resources
- Consultation for students, parents and school personnel
- Crisis support and intervention
- Suicide prevention
- Screening to identify and provide support for students at risk of developing anxiety and depression

*Note: Services provided to each school are specialized based on their unique needs. Please contact your building principal for information regarding the programs available to your student(s).*

ADAMH funds accessible and affordable prevention, crisis, treatment, housing, family and recovery services through a network of more than 30 nonprofit agencies in Franklin County.

Visit us at: [www.adamhfranklin.org](http://www.adamhfranklin.org)  
Connect with us: @ADAMHFranklin

