

CARE

Compassionate Addiction Recovery Experience

Compassionate Addiction Recovery Experience (CARE) supports a compassionate path to recovery for anyone facing addiction, either directly or indirectly.

Participants will discover a gentle and compassionate path to addiction recovery through the holistic benefits of gentle movement, breathing, stillness, aromatherapy, and healing energy modalities.

CARE is ideal for anyone suffering from addictive behaviors, including family members supporting loved ones who are experiencing addiction. CARE was developed by Lori Bower, M.Ed., E-RYT 500.

Free to attend.

Registration preferred, but walk-ins also welcome.

Register Online: <https://forms.gle/518JegVw7BHHmBBz9>

