



Supporting Students, Building Resilience

Being a student in today's world is demanding, but no one has to do it alone.

It takes a village to support a student's growth, and the Alcohol, Drug and Mental Health Board of Franklin County (ADAMH) is here to be a part of that journey.

Get connected to prevention services that help students build resiliency, promote life skills, develop coping strategies and more.



Services funded by:

ADAMH

ALCOHOL, DRUG AND MENTAL HEALTH
BOARD OF FRANKLIN COUNTY

Gahanna-Jefferson Public Schools

The Alcohol, Drug and Mental Health Board (ADAMH) of Franklin County partners with 16 public school districts in Franklin County and certified behavioral health agencies to provide school-based prevention and early intervention services for all students to support their mental health and wellness journey. Prevention services help students build resilience and reduce the risk of mental illness and substance use.

ADAMH Providers at Gahanna-Jefferson Public Schools:

School Liaison:

Jill Elliott
elliottj@gjps.org

Concord Counseling Services

Contact: Alex Caughell, MSW, LISW-S
alexcaughell@concordcounseling.org

Parents and students can reach out to the guidance counselor or the school liaison listed to access these resources.



Student Services Offered:

- Assessment, referral and linkage to resources
- Consultation for students, parents and school personnel
- Crisis support and intervention
- Parent workshops and community trainings
- Professional development of school personnel
- Suicide prevention
- Youth-led prevention
- Classroom or school-wide universal prevention
- Classroom, small group or one on one instruction
- Healthy coping skills
- Screening to identify and provide support for students at risk of developing anxiety and depression
- Early intervention/prevention
- Individual/small group skill-building

Prevention Programs Offered:

- Signs of Suicide (SOS) - Educational curriculum and screening to raise awareness about suicide and depression
- Substance Use Prevention - Psychoeducation, peer refusal, decision-making, coping and resiliency skills to at-risk students
- GATE Program - Monthly education and activities for identified gifted middle school students to promote social emotional wellness
- Managing emotions/coping skills
- Healthy friendships, anti-bullying, social skills
- HOPE Squad - An evidence-based, high school peer-to-peer suicide prevention program built around the power of connection
- Peer-to-Peer Program - Increase sense of belonging and connectedness for identified elementary students utilizing middle school peers
- Stress/worry management
- Building resiliency, confidence and self-esteem
- Self-regulation

Note: Services provided to each school are specialized based on their unique needs. Services are currently offered to students in grades K-12 in select Gahanna-Jefferson Public Schools.

ADAMH funds accessible and affordable prevention, crisis, treatment, housing, family and recovery services through a network of more than 30 nonprofit agencies in Franklin County.

Visit us at: www.adamhfranklin.org
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