



# Supporting Students, Building Resilience

Being a student in today's world is demanding, but no one has to do it alone.

It takes a village to support a student's growth, and the Alcohol, Drug and Mental Health Board of Franklin County (ADAMH) is here to be a part of that journey.

Get connected to prevention services that help students build resiliency, promote life skills, develop coping strategies and more.



*Services funded by:*



# New Albany-Plain Local Schools

The Alcohol, Drug and Mental Health Board (ADAMH) of Franklin County partners with 16 public school districts in Franklin County and certified behavioral health agencies to provide school-based prevention and early intervention services for all students to support their mental health and wellness journey. Prevention services help students build resilience and reduce the risk of mental illness and substance use.

## ADAMH Providers at New Albany-Plain Local Schools:

### School Liaison:

Lori Lofton  
lofton.6@napls.us

### Concord Counseling Services

Contact: Anne Karapontso, LISW-S  
annekarapontso@concordcounseling.org



*Parents and students can reach out to the guidance counselor or the school liaison listed to access these resources.*

## Student Services Offered:

- Assessment, referral and linkage to resources
- Consultation for students, parents and school personnel
- Crisis support and intervention
- Parent workshops and community trainings
- Professional development of school personnel
- Suicide prevention
- Violence prevention
- Classroom or school-wide universal prevention
- Classroom, small group or one on one instruction
- Healthy coping skills
- Screening to identify and provide support for students at risk of developing anxiety and depression
- Early intervention/prevention
- Individual/small group skill-building

## Prevention Programs Offered:

- Signs of Suicide (SOS) - Educational curriculum and screening to raise awareness about suicide and depression
- Substance Use Prevention - Psychoeducation, peer refusal, decision-making, coping and resiliency skills to at-risk students. Services available to grades K-12.
- Stress/worry management
- Self-regulation, conflict resolution
- Managing emotions/coping skills
- Building resiliency, confidence and self-esteem
- Time management, organization, growth mindset, study skills
- Healthy friendships, social skills
- Peer refusal, harm reduction, healthy choices
- Communication, respect, empathy
- Goal setting, problem-solving, decision-making skills

*Note: Services provided to each school are specialized based on their unique needs. Services are currently offered to students in grades 7-12 in New Albany-Plain Local Schools.*

ADAMH funds accessible and affordable prevention, crisis, treatment, housing, family and recovery services through a network of more than 30 nonprofit agencies in Franklin County.

Visit us at: [www.adamhfranklin.org](http://www.adamhfranklin.org)  
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