



Supporting Students, Building Resilience

Being a student in today's world is demanding, but no one has to do it alone.

It takes a village to support a student's growth, and the Alcohol, Drug and Mental Health Board of Franklin County (ADAMH) is here to be a part of that journey.

Get connected to prevention services that help students build resiliency, promote life skills, develop coping strategies and more.



Services funded by:



Upper Arlington Schools

The Alcohol, Drug and Mental Health Board (ADAMH) of Franklin County partners with 16 public school districts in Franklin County and certified behavioral health agencies to provide school-based prevention and early intervention services for all students to support their mental health and wellness journey. Prevention services help students build resilience and reduce the risk of mental illness and substance use.

ADAMH Providers at Upper Arlington Schools:

School Liaison:

Denise Lutz
dlutz@uaschools.org

Syntero, Inc.

Contact: Susan Ortega
sortega@syntero.org

Parents and students can reach out to the school counselor or the school liaison listed to access these resources.



Student Services Offered:

- Assessment, referral and linkage to resources
- Consultation for students, parents and school personnel
- Crisis support and intervention
- Parent workshops and community trainings
- Professional development of school personnel
- Suicide prevention
- Violence prevention
- Individual/small group skill-building
- Classroom or school-wide universal prevention
- Classroom, small group or one on one instruction
- Healthy coping skills
- Education programs for youth/adult groups
- Screening to identify and provide support for students at risk of developing anxiety and depression
- Early intervention/prevention

Prevention Programs Offered:

- Signs of Suicide (SOS) - Educational curriculum and screening to raise awareness about suicide and depression
- Neurosequential Model of Education (NME) - Helps educators understand student behavior and performance
- CRAFFT Behavioral Health Screening Tool

Note: Services provided to each school are specialized based on their unique needs. Services are currently offered to students in grades Pre-K-5 in Upper Arlington Schools.

ADAMH funds accessible and affordable prevention, crisis, treatment, housing, family and recovery services through a network of more than 30 nonprofit agencies in Franklin County.

Visit us at: www.adamhfranklin.org
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