



Supporting Students, Building Resilience

Being a student in today's world is demanding, but no one has to do it alone.

It takes a village to support a student's growth, and the Alcohol, Drug and Mental Health Board of Franklin County (ADAMH) is here to be a part of that journey.

Get connected to prevention services that help students build resiliency, promote life skills, develop coping strategies and more.



Services funded by:



Westerville City Schools

The Alcohol, Drug and Mental Health Board (ADAMH) of Franklin County partners with 16 public school districts in Franklin County and certified behavioral health agencies to provide school-based prevention and early intervention services for all students to support their mental health and wellness journey. Prevention services help students build resilience and reduce the risk of mental illness and substance use.

ADAMH Providers at Westerville City Schools:

School Liaison:

Jessie Martin
martinjd@wcohs.org

Concord Counseling Services

Contact: Alex Caughell, LISW
alexcaughell@concordcounseling.org



Parents and students can reach out to the guidance counselor or the school liaison listed to access these resources.

Student Services Offered:

- Assessment, referral and linkage to resources
- Consultation for students, parents and school personnel
- Crisis support and intervention
- Parent workshops and community trainings
- Professional development of school personnel
- Classroom or school-wide universal prevention
- Classroom, small group or one on one instruction
- Healthy coping skills
- Screening to identify and provide support for students at risk of developing anxiety and depression
- Early intervention/prevention
- Individual/small group skill-building

Prevention Programs Offered:

- A Peaceable Place: Social Perspectives - This evidence-based program focuses on character education, asset development and interpersonal skills to provide students with the knowledge, skills and attitudes they need for positive social development and supportive relationships
- Stress/worry management
- Self-regulation
- Managing emotions/coping skills
- Building resiliency, confidence and self-esteem
- Time management, organization, growth mindset, study skills
- Healthy friendships, anti-bullying, social skills

Note: Services provided to each school are specialized based on their unique needs. Services are currently offered to students in grades K-8 in Westerville City Schools.

ADAMH funds accessible and affordable prevention, crisis, treatment, housing, family and recovery services through a network of more than 30 nonprofit agencies in Franklin County.

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