



# Supporting Students, Building Resilience

Being a student in today's world is demanding, but no one has to do it alone.

It takes a village to support a student's growth, and the Alcohol, Drug and Mental Health Board of Franklin County (ADAMH) is here to be a part of that journey.

Get connected to prevention services that help students build resiliency, promote life skills, develop coping strategies and more.

*Services funded by:*



# Worthington City Schools

The Alcohol, Drug and Mental Health Board (ADAMH) of Franklin County partners with 16 public school districts in Franklin County and certified behavioral health agencies to provide school-based prevention and early intervention services for all students to support their mental health and wellness journey. Prevention services help students build resilience and reduce the risk of mental illness and substance use.

## ADAMH Providers at Worthington City Schools:

### School Liaison:

Nathan Kellenberger  
nkellenberger@wscloud.org

### Directions for Youth & Families

Contact: Hannah Ellingson  
hellingson@dfyf.org

**Directions**  
for Youth & Families



*Parents and students can reach out to the guidance counselor or the school liaison listed to access these resources.*

## Student Services Offered:

- Assessment, referral and linkage to resources
- Consultation for students, parents and school personnel
- Crisis support and intervention
- Professional development of school personnel
- Suicide prevention
- Mental health counseling
- Classroom, small group or one on one instruction
- Healthy coping skills
- Screening to identify and provide support for students at risk of developing anxiety and depression
- Early intervention/prevention
- Individual/small group skill-building

## Prevention Programs Offered:

- Positive Action - An educational program that promotes an intrinsic interest in learning and encourages cooperation among students. It works by teaching and reinforcing the intuitive philosophy that you feel good about yourself when you do positive actions
- Attachment, Self-Regulation and Competency (ARC) - A trauma-informed framework focused on increasing resiliency in children by improving attachment, self-regulation and competency

*Note: Services provided to each school are specialized based on their unique needs. Services are currently offered to students in grades K-12 in Worthington City Schools.*

ADAMH funds accessible and affordable prevention, crisis, treatment, housing, family and recovery services through a network of more than 30 nonprofit agencies in Franklin County.

Visit us at: [www.adamhfranklin.org](http://www.adamhfranklin.org)  
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